





Cutting

- Cut 1 front to the fold
- Cut 1 back to the fold
- Cut a strip of fabric for binding along the selvedge based on the width of your binder attachment. Usually, 4.2 cm wide. The strap can be made without a binding attachment.

Sewing

- Make the binding or sew the strap by folding the strip in half, right sides together and sewing along the length. Turn the strap to the right side.
- Overlock the underarm edges of the front and turn a hem at 1.5cm, stitch in place.
- Overlock the neck edge on the front. Turn a hem at 2cm and stitch in place leaving enough space to thread the strap through the hemmed edge.
- Overlock the elastic to the top edge of the back.
- Lay the back over the front, right sides together. Fold the back's top edge elastic over the top edge at the side of the front. Overlock the side seams.
- Hem the elastic on the top edge of the back, stretching to smooth.
- Hem the base.
- Steam press.
- Thread the strap through the hem at the neck edge.