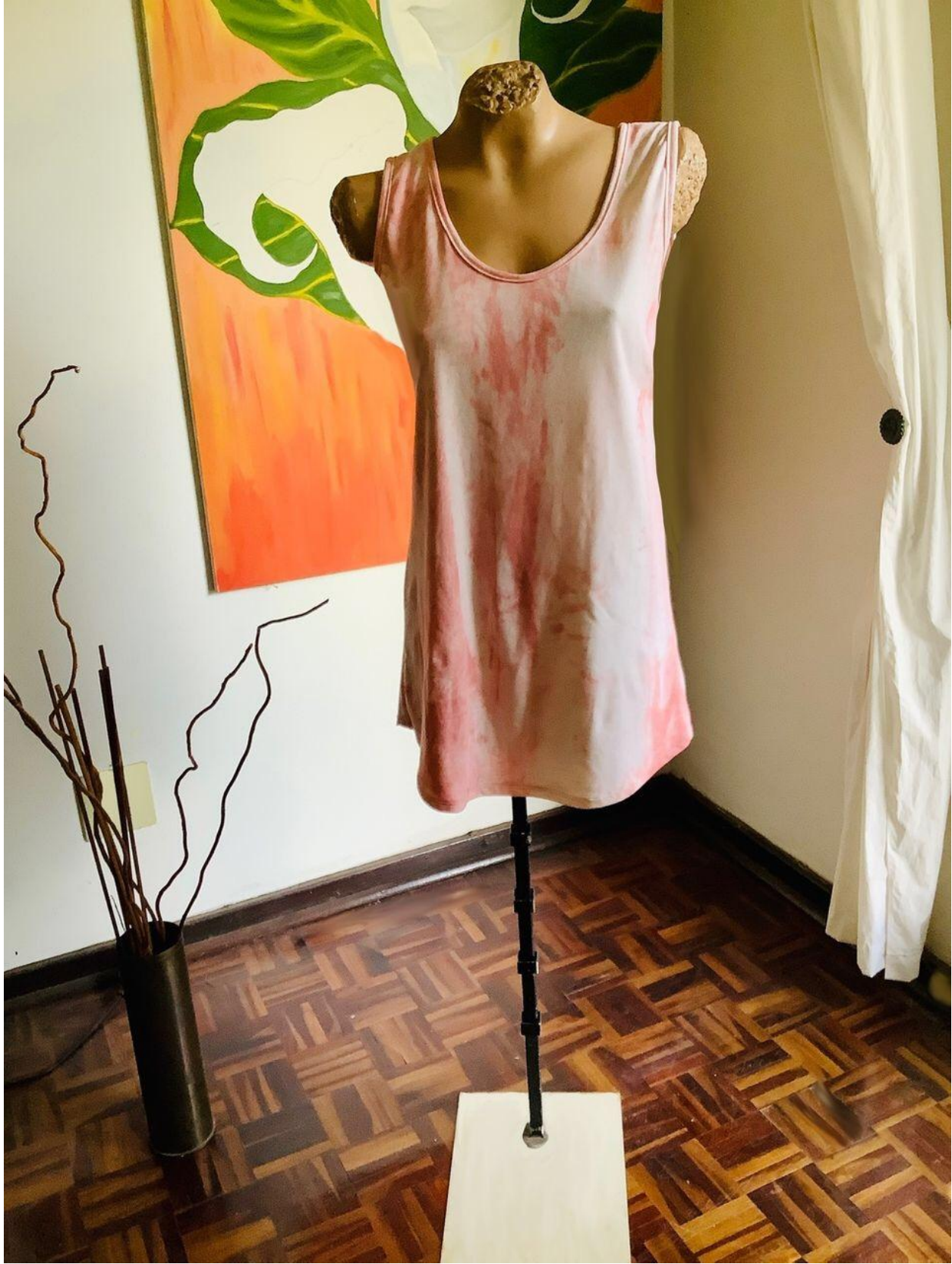


Vest dress or top



If the weather is warm (yes, please), you need something cool and carefree to wear, right? Well this vest is a great go-to, it's loose fitting, comfortable and if you make it out of cotton knit (T-shirting), you'll have a truly cool garment in your wardrobe that you might find become your most favorite thing.

For those with good legs, the vest can be lengthened slightly so that you can wear it as a dress. For those who prefer to be modest, you can wear it with almost anything, such as leggings, stretch bell pants or a straight skirt.

As to adjusting the pattern, you can change the neckline into a V or add a lace up inset - the item is simple and allows you to engage your imagination - there's so much you can do with it.

This project is suitable for beginners, so if you'd like to learn to sew, this is an opportunity to start and end up with a professional looking garment in half an hour.

Images for Tutorial



Cutting and Sewing

Cutting the Vest

Cut 1 back and one front. Place the pattern to the fold and draw it onto your fabric using tailor's chalk or a sliver of bath soap (PS: bath soap makes a wonderful marker, it's easy to use and glides over the fabric and it washes off in the first wash). If you're going to bind the neck and arm edges, cut a binding in the correct width for

Sewing the top

If you're adding binding -

Sew the top together, right sides together, at one shoulder.

Apply binding to neck and one arm's edge

Sew the other shoulder together

Complete the binding

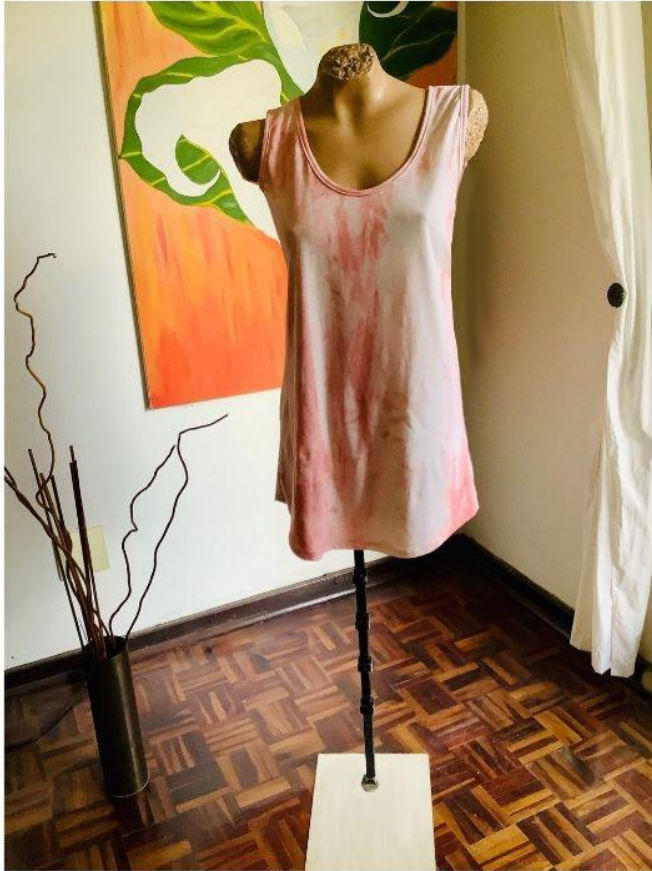
Sew the side seams and neaten the hem edge

Hem and press

If you're hemming the top at neck and arms -

Sew the garment, right sides together, at shoulders and sides. Neaten all edges. Using a steam iron press a 1cm hem around the neck, arms and base. Hem using a stretch stitch on your machine(or a serger)

Fashion Plate



Vest



Sewing Patterns

ItSoStylish

Printing your pattern

Print it out as A4 sheets using Adobe Reader in poster print mode. Select cut marks and tiling on the poster setting in Adobe Reader. Print out the Vest Top in a variety of sizes (UK sizes 30-40 inches)

Stick the pattern pieces together at the cut marks using clear tape.

Notions

1. 1m of stretch knit (jersey) fabric. Suitable fabrics are cotton knit, Bon Bon, Viscose Lycra
2. Sewing thread
3. Sewing needle for lightweight knit fabric
4. Ruler
5. Sewing machines, overlocker, cover stitch and plain machine
6. Pins or sewing pegs
7. Tailor's chalk or magic pen
8. Printer
9. Scissors or rotary cutter
