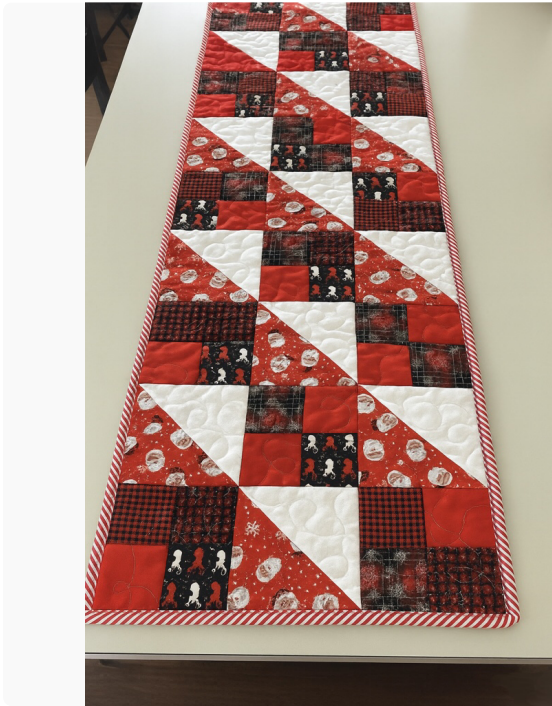
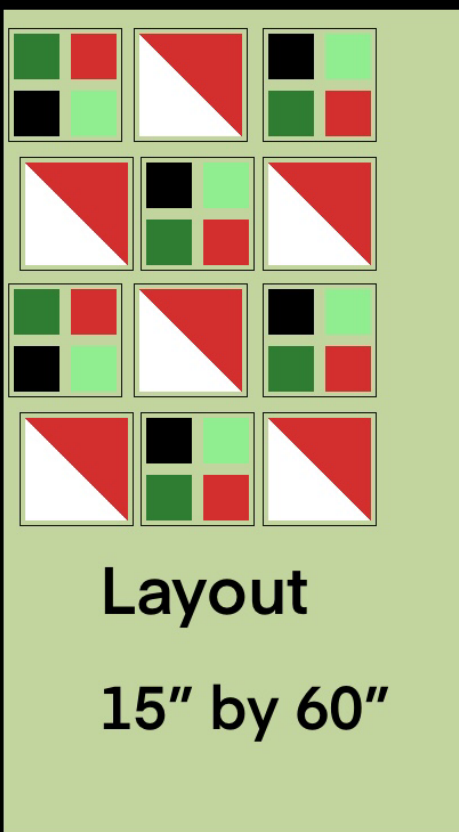


Xmas Easy Runner

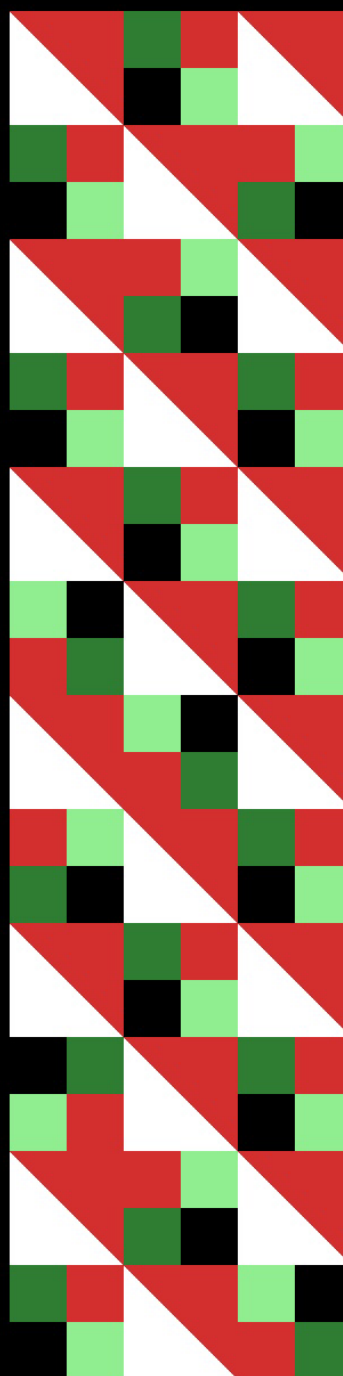


Constructing the table runner (see piece construction below)



**Easy Christmas
Table Runner**

**Two row
repeat**



Two row repeat



Sizes Included

- **Table Runner:** 15 x 60 inches

There are 3 columns of 5" finished blocks (5.5" before sewing into the column/row). There are 12 rows.

Four patch blocks

You need 18 four patch blocks for 60 inches

Half square triangles

*HSTs = Half Square Triangles

You need 18 HSTs



Skill Level

Beginner

This pattern should be an easy project for a someone who is starting out or even for an experienced quilter because it uses only two type of quilt blocks:- Half square triangle, which is made using the two at a time method and four-square-patch. All pieces can be cut from 6 inch squares (6" Charm Pack. Be sure you buy 6" as there are also 5" packs, which are more common) or cut as 3 inch strips from yardage or fat quarters.



Fabric Requirements

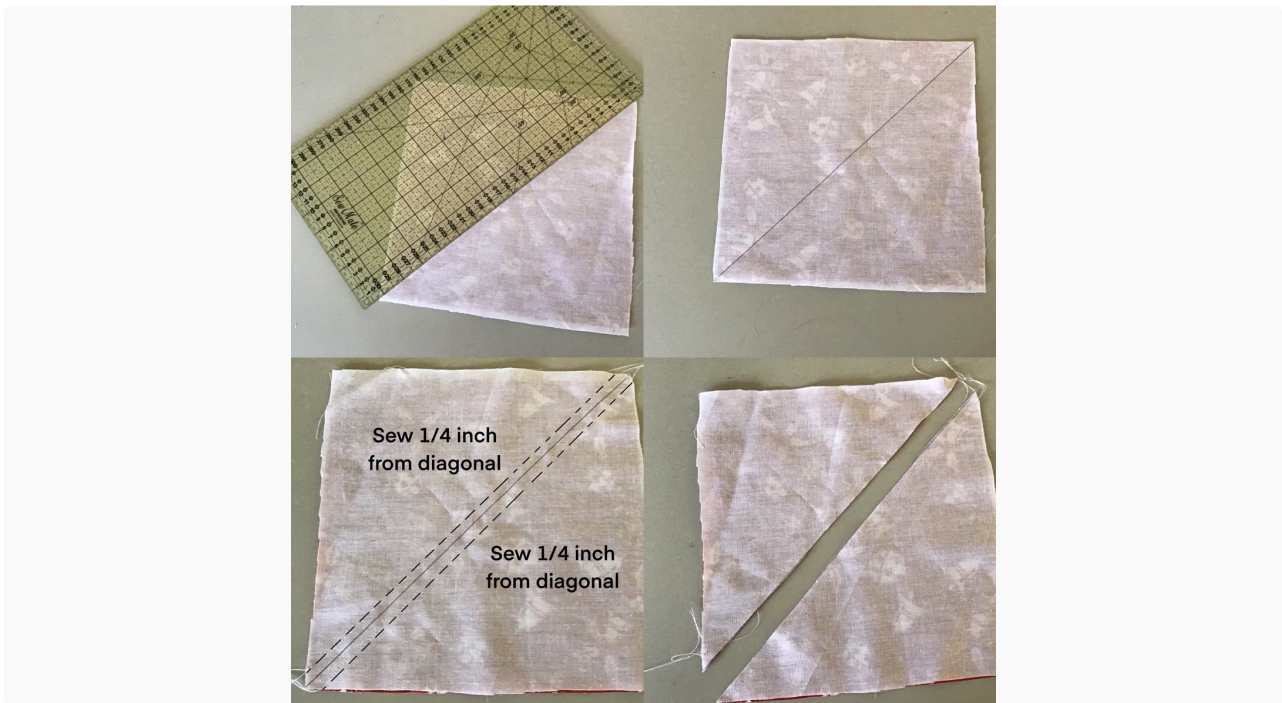
Scroll sideways to view yardage requirements

Size	Main Fabric	Background	Binding	Backing	Batting
15 by 60"	For squares : 4 different colors of 1/4 yard each or 18 squares from a 6" Charm pack. For HSTs in white background floral (or white monochrome floral on a solid color that matches in) 9 x 6" squares or 1/4 yard of fabric	9 x 6" white squares or 1/4 yard of fabric	Total length 165 yards. 0.35 inches at 40" WOF for 2.5" binding (buy 0.5 yards for 5 strips)	21" by 66". Piece 40" if preferred . Only need 3" on either side instead of the traditional 4" because this is so narrow	21" by 66" . 3" on either side should be sufficient instead of tge traditional 4" because this is so narrow

Results:

- **Total Binding Length Needed:** 165.00 inches
- **Number of Strips to Cut:** 5
- **Total Fabric Inches Required:** 12.50 inches
- **Total Yardage Required:** 0.35 yards, or approximately **0.50 yards** (rounded to the nearest quarter yard)

- Cut the squares for the HSTs (9 in each color)
- Make the HSTs. (See above 🙌 and below 🙌)
- Press the HSTs. Block them all to get a perfect 5.5" block



- Cut all the squares for the four-patch-blocks following one of the methods mentioned above (cut 6" squares in quarters using your rotary cutter and ruler or cut strips of 3" wide fabric from yardage or fat quarters). You need 72 squares x 3"
- Chain sew the squares together to create alternate patches



- Press. Block the squares to result in 5.5" perfect squares.



- Lay the four-patch and HSTs out in a 3 by 3 grid x 12 rows (see the diagram below 📌, the pattern is made up by repeating the top two rows)



- Sew each row of 3 together
- Press each row in the alternate direction in order to enable seam nesting
- Sew each row to the one above in your layout being sure to match the seams.
- Press the quilt top and block it to 15" by 60"
- Proceed with the steps in the articles and videos below to make your quilt sandwich, quilt the table runner and bind it.
- Happy sewing 🧵 🧶 😊

This table runner comprises only two very easy blocks,

🧵 1. What Are Half-Square Triangles (HSTs)?

A **Half-Square Triangle** block is a square made from two right triangles joined along their diagonal.

They are extremely versatile — forming chevrons, pinwheels, diamonds, and star patterns.

2. Two-at-a-Time Method (Step-by-Step)

Step 1: Cut Two Squares

Cut **two fabric squares** of the same size — one light, one dark or contrasting.

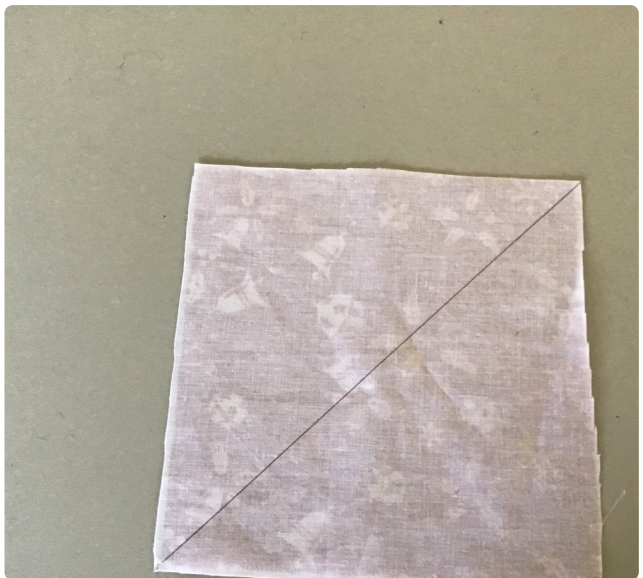
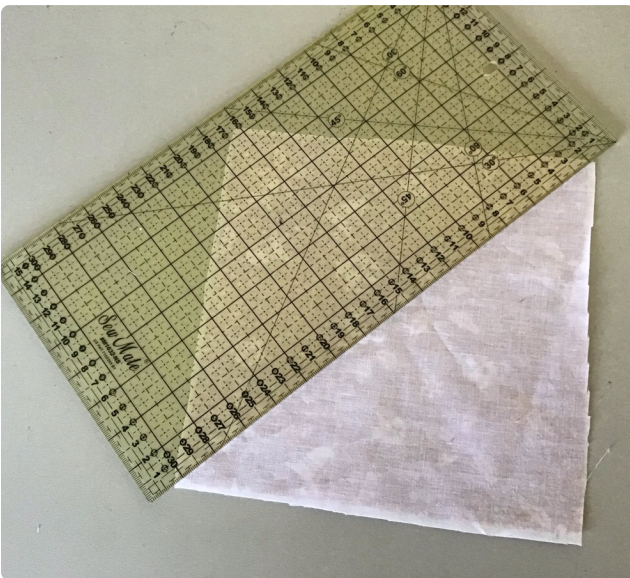
Example:

Cut two 5-inch squares (one of each fabric).

Step 2: Mark a Diagonal Line

On the wrong side of one square, use a pencil or chalk to **draw a diagonal line** from one corner to the opposite corner.

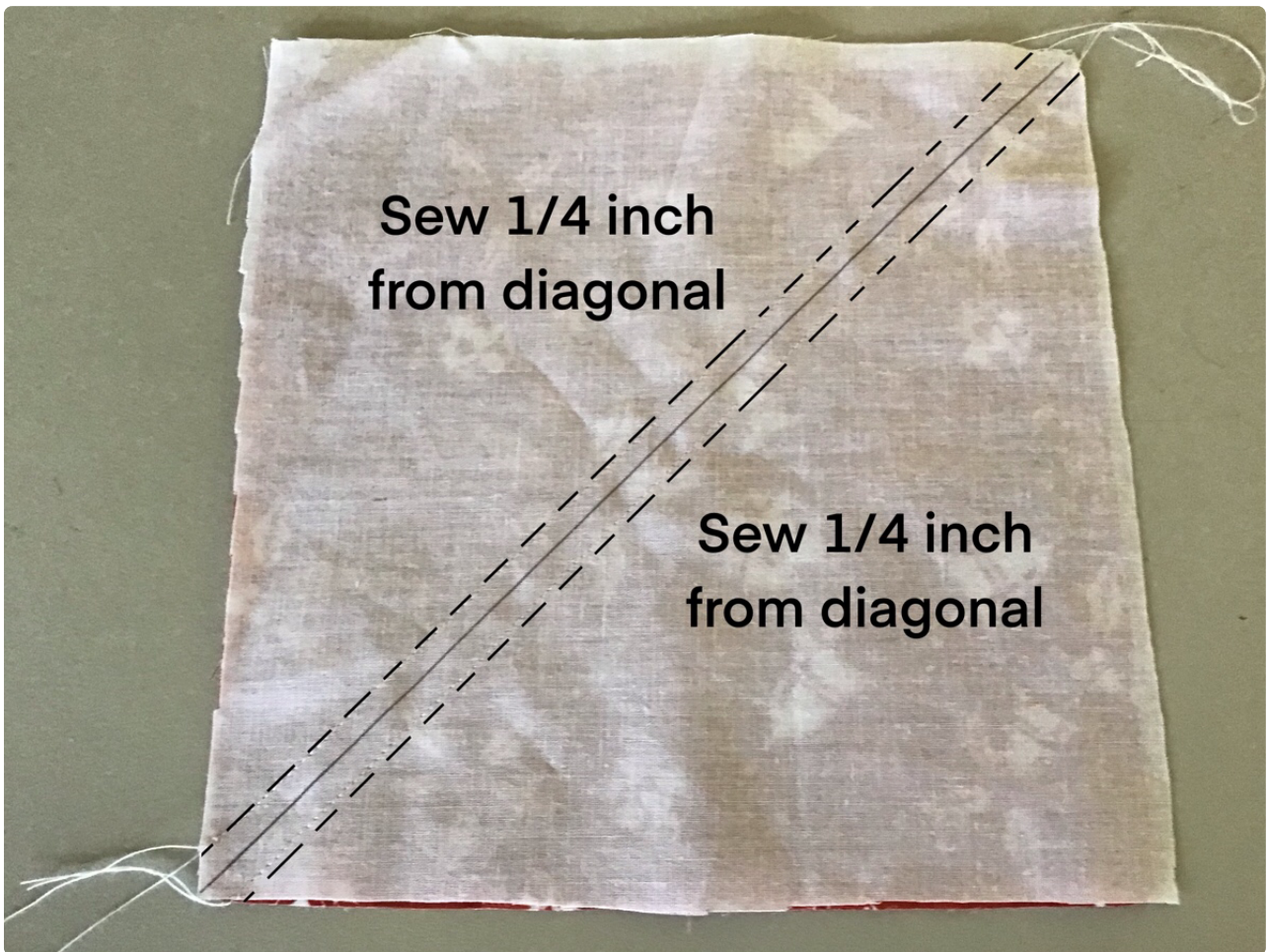
 *Illustration (imagine):*



Step 3: Sew ¼-Inch from Each Side of the Line

With right sides together, **stitch two parallel seams**, one **¼ inch away** from the drawn diagonal line on both sides.

 *Illustration:*



Step 4: Cut Along the Center Line

Use a rotary cutter and ruler to **cut along the drawn diagonal line** (between your stitching lines).

You now have **two separate squares**, each made from two triangles.



Step 5: Press Open

Press the seams toward the darker fabric.

You now have **two perfect HST units** from one pair of squares.



Illustration (finished units):



3. The Math Behind HST Sizing

Add $\frac{7}{8}$ inch to the desired finished size when cutting your squares.

Formula

| **Cutting size = Finished HST size + $\frac{7}{8}$ inch**

After sewing and pressing, you trim to the **unfinished size**, which is **$\frac{1}{2}$ inch larger** than the finished size.

| **Unfinished size = Finished size + $\frac{1}{2}$ inch**

Example:

If you want a **4-inch finished HST**,
you need to cut two **4⁷/₈-inch squares**.

 4. Size Chart for Common HST Sizes

Desired Finished HST	Cut Square Size	Unfinished HST (before sewing into quilt)
4"	4 ⁷ / ₈ "	4 ¹ / ₂ "
5"	5 ⁷ / ₈ "	5 ¹ / ₂ "
6"	6 ⁷ / ₈ inch	6 ¹ / ₂ inch

 5. Optional Trimming Tip

If you prefer rounding up to simplify cutting:

- Cut the starting squares **1 inch larger** than the finished size.
- Then **trim down** the sewn HSTs for perfect accuracy.

Example: For a 4" finished HST → cut 5" squares, sew, then trim to 4¹/₂" unfinished.

 6. Quick Recap

- Draw one diagonal line.

- Sew $\frac{1}{4}$ " from both sides.
 - Cut along the line.
 - Press and trim.
 - Each pair of squares $\rightarrow$ **2 identical HSTs**.
-

Making Four Patch Blocks





Overview: The Four-Patch Block

A **four-patch block** is one of the most basic patchwork units in quilting. It's made up of four equal-sized squares arranged in two rows of two, often alternating light and dark fabrics for contrast.

You're making a block that finishes at **5 inches** once it's sewn into a quilt (after the seam allowance is taken up).

That means:

- The **unfinished block size** (before sewing it into the quilt) must be **5½ inches**.
 - Each of the four small squares inside it must finish at **2½ inches** when the block is sewn, and be **3 inches unfinished** (before the seams join them).
-

Step 1. Understanding the Math

Each small patch (square) will be **3 inches unfinished** (with seam allowance) and **2½ inches finished** once sewn into the block.

Since the block is made up of 2 squares across and 2 down:

```
2 squares × 2½" finished = 5" finished block
2 squares × 3" unfinished = 6" unfinished before trimming
```

But we want the block **unfinished at 5½"** — meaning each square must be **2¾" unfinished**.

Let's check that:

```
2 squares × 2¾" = 5½" unfinished
2 squares × (2¾" - ¼" seam each side) = 5" finished
```

 Perfect!

Step 2. Cutting Size per Patch

You're making **four 6-inch squares**, each of which will be **cut into quarters** (four equal 3" squares).

Each of these smaller 3" squares will be your patch units.

So from each 6" square, you'll get:

4 squares × 3" each = 16 small patches total

You need **4 patches** (one of each fabric) for a single four-patch block.

For each set of four blocks

Step 3. Construction Steps

1. **Cut the fabric:**

- Cut four 6" squares (each in a different fabric).
- Subcut each 6" square into four 3" squares (cut vertically and horizontally once across the center).

2. **Lay out your design:**

- Choose four 3" squares — one from each fabric.
- Arrange them in a 2×2 grid.
Alternate colors or values so that diagonals contrast (light-dark-light-dark, etc.).

3. **Sew the top row:**

- Place the right square on the left square, right sides together.
- Stitch with a **¼" seam allowance**.
- Press seam toward the darker fabric.

4. **Sew the bottom row** the same way and press.

5. **Join rows together:**

- Place the top and bottom rows right sides together, aligning the center seams carefully so they "nest" (seams pressed in opposite directions).
- Pin at the center to keep alignment crisp.
- Stitch with a **¼" seam**.

6. **Press the block:**

- Press seam open or to one side depending on bulk.

7. **Trim to size:**

- Square up to **5½ inches unfinished.**

Final Dimensions

Stage	Measurement	Description
Cut squares	6" x 6"	initial fabric pieces
Subcut patches	3" x 3"	yields 4 patches per fabric
Unfinished patch	2¾" x 2¾"	when trimming to make exact 5½" block
Finished block	5" x 5"	after sewing into quilt with ¼" seams

Optional Variations

- **Color layout:** Alternate dark/light diagonally or make a scrappy four-patch.
- **Chain piecing:** Sew multiple pairs at once for faster assembly.
- **Pressing tip:** Spin the center seam intersection open for a flatter block.

Final Dimensions

Stage	Measurement	Description
Cut squares	6" x 6"	initial fabric pieces
Subcut patches	3" x 3"	yields 4 patches per fabric
Unfinished patch	2¾" x 2¾"	when trimming to make exact 5½" block
Finished block	5" x 5"	after sewing into quilt with ¼" seams

Quilt sandwich

Quilt Sandwich

Quilting involves several steps, and one of the most crucial is creating the "q...
Step 1: Prepare Your Quilting Fabric:
The quilting fabric is the foundation layer of your quilt sandwich. It is essential to use a high-quality fabric that is pre-washed and ironed to remove any wrinkles and ensure a smooth surface.
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Quilt Sandwich

Quilting involves several steps, and one of the most crucial is creating the "q...



Last Edited 9/27/2025

Binding

Binding



Preparing Your Quilt for Binding
Before you begin binding, ensure that all the quilt pieces are properly aligned and that the quilt is flat. This step is crucial for a professional finish.

Binding

Image — Preparing Your Quilt for Binding — Before you begin binding, ensure...



Last Edited 9/27/2025

Download these instructions:

